

## About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



### Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

### Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

[www.gov.uk/apply-free-school-meals](https://www.gov.uk/apply-free-school-meals)

### Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

### Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>

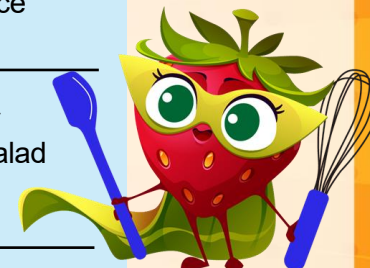


MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. [www.msc.org](https://www.msc.org)

 Nottingham Catering  
Eat Culture - Education

# LUNCHTIME

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



## Pizza Monday



## Tuck In Tuesday

## Roasty Toasty Feast Wednesday

## Around the World Thursday

## Fish Friday

### Main

Meat Feast Pizza or Cheese and Tom Pizza

Served with Garlic Bread & Coleslaw

Hot Dog or Veggie Hot Dog

Served with Potato Wedges

Roast Turkey with Gravy or Quorn Roast with Gravy

Served with Cloudy Mountains & Yorkshire Pudding

Beef Spaghetti Bolognaise or Magic Macaroni Cheese

Served with Baguette Slice

Fish Fingers or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

### Seasonal Veg/Salad

Crunchy Carrot & Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh salad

Crunchy Carrots/ Broccoli Trees



Sweetcorn or Crispy Fresh Salad

Power Peas or Crispy Fresh Salad

### Something Different

Veggie Meatball Pasta Served with Baguette Slice

Jacket Potato served with a Choice of Fillings Cheese/Tuna/Beans

Cheese & Tomato Panini served with Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Ham or Cheese Sandwich served with Crispy Fresh Salad

### Dessert

Chocolate Crispy Cakes Or Fresh Fruit Salad

Jam Drop Biscuit with Milk Or Fresh Fruit Salad

Flapjack with Raisins Or Fresh Fruit Salad

Jelly & Fruit Or Fresh Fruit Salad

Marble Cake & Custard Or Fresh Fruit Salad



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Main

## Pizza Monday

BBQ Chicken Pizza or Cheese and Tom Pizza

Served with Garlic Bread & Coleslaw

Carrot and Cucumber Batons or Crispy Fresh Salad

Mascarpone Pasta Served with Baguette Sliced & Crispy Fresh Salad

Oaty Cookies Or Fresh Fruit Salad



## Tuck In Tuesday

Beef Burger or Veggie Burger

Served with Diced Potatoes

Baked Beans / or Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Corn Flake Tart & Custard Or Fresh Fruit Salad



## Roasty Toasty Feast Wednesday

Pork Sausage with Gravy or Quorn Sausage with Gravy

Served with Cloudy Mash Mountains Yorkshire Pudding

Crunchy Carrots / Broccoli Trees

Cheese and Tomato Panini Served with Crispy Fresh Salad

Chocolate Shortbread or Fresh Fruit Salad

## Around the World Thursday

Chicken Curry served with flatbread & Rice

Veggie Mexican Fiesta Wraps Served with Rice

Sunshine Sweetcorn or Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Iced Mandarin Sponge & Milk Or Fresh Fruit Salad



## Fish Friday

Fish Fingers or Salmon Fishfingers



Served with Crispy Oven Chips & Tomato Sauce

Power Peas or Crispy Fresh Salad

Ham or Cheese Sandwich served with Crispy Fresh Salad

Vanilla Muffin and Milk Or Fresh Fruit Salad





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## Pizza Monday

## Tuck In Tuesday

## Roasty Toasty Feast Wednesday

## Around the World Thursday

## Fish Friday

### Main

Ham Pizza or Cheese and Tomato Pizza

Homemade Pork Sausage Roll or Cheese Snack

Roast Chicken with Gravy or Quorn Roast with Gravy

BBQ Chicken or BBQ Quorn

Breaded Fish Portion or Fishless Fingers

### Seasonal Veg/Salad

Served with Garlic Bread and Coleslaw

Served with Potato Wedges

Served with Cloudy Mash Mountains Yorkshire Pudding

Served with flatbread & Rice

Served with Crispy Oven Chips & Tomato Sauce

### Something Different

Carrot and Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh Salad

Crunchy Carrots / Broccoli Trees

Sunshine Sweetcorn or Crispy Fresh Salad

Power Peas or Fresh Salad

Tomato and Basil Pasta Served Baguette Slice

Jacket Potato with choice of filling (Cheese / Tuna/ Beans)

Cheese and Tomato Panini Served With Crispy Fresh Salad

Pizza Pasta Served With Baguette & Crispy Fresh Salad

Ham or Cheese Sandwich served with Crispy Fresh Salad

### Dessert

Flapjack and Raisins Or Fresh Fruit Salad

Ice Cream & Fruit Or Fresh Fruit Salad

Shortbread Cookie Or Fresh Fruit Salad

Bakewell Muffin & Milk Or Fresh Fruit Salad

Chocolate Fudge Pudding & Custard Or Fresh Fruit Salad

