

Weekly Menu Detail

September 2022 WK 2 Carrington

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Pasta with Tomato Mascarpone Sauce* Contains Cereals containing Gluten Contains Milk Contains Wheat	Pasta with Tomato & Basil sauce * Contains Cereals containing Gluten Contains Milk Contains Wheat	Roast Turkey, Gravy, sliced and cooked Cheese & Tomato Panini * Contains Cereals containing Gluten Contains Milk Contains Wheat May Contains Barley May Contains Oats	Cheese & Tomato Snacks* Contains Cereals containing Gluten Contains Milk Contains Wheat Homemade Sausage Roll** Contains Cereals containing Gluten Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg Contains Wheat	Fish in Tempura Batter* Contains Cereals containing Gluten Contains Fish Contains Soybean Contains Wheat
Jacket Potato with Tuna Mayonnaise (60)* Contains Fish Contains Eggs	Cheese & Tomato Pizza (frozen base) 8 * Contains Cereals containing Gluten May Contains Eggs Contains Milk Contains Wheat	Quorn Roast & Gravy* Contains Eggs Contains Milk	Jacket Potato with Beans & Cheese (60)* Contains Milk	Mexican Veggie Sausage Pasta** Contains Cereals containing Gluten Contains Soybean Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg Contains Wheat
Chicken Korma** Contains Milk				
Sides		Sides	Sides	Sides
Baguette Chunks* Contains Cereals containing Gluten Contains Wheat May Contains Barley May Contains Oats	Cheese & tomato pizza brown base 16 * Contains Cereals containing Gluten Contains Milk Contains Wheat	Yorkshire Pudding* Contains Cereals containing Gluten Contains Eggs Contains Milk Contains Wheat	Baked Beans* Mashed Potatoes*	Baguette Chunks* Contains Cereals containing Gluten Contains Wheat May Contains Barley May Contains Oats
Carrots*	Flatbread*	Gravy*	Dessert	Peas*

Mixed Salad*	Contains Cereals containing Gluten	Vegetable Medley*	Fresh Fruit Salad*	Oven chips*
Flatbread*	Contains Milk		Pineapple Upside Down	Dessert
Contains Cereals containing Gluten	Contains Wheat	Mixed Salad*	Pudding*	Fresh Fruit Salad*
Contains Milk		Boiled potatoes*	Contains Cereals containing Gluten	Milk*
Contains Wheat	Mixed Salad*	Dessert	Contains Eggs	Contains Milk
White Rice*	Coleslaw *	Flapjack cornflake	Contains Milk	Bakewell Muffin**
Dessert	Contains Eggs	Contains Cereals containing Gluten	Fresh custard*	Contains Cereals containing Gluten
Lemon Shortcake	Sweetcorn*	Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg	Contains Milk	Contains Eggs
Contains Cereals containing Gluten	Diced potatoes for roasting	Contains Wheat		Contains Wheat
Contains Eggs	Dessert	May Contains Barley		
Contains Wheat	Jelly & Fruit	Contains Oats		
Fresh custard*	Fresh Fruit Salad*	Fresh Fruit Salad*		
Contains Milk		Milk*		
Fresh Fruit Salad*		Contains Milk		