

# Weekly Menu Detail

September 2022 Wk 1 Carrington

Monday	Tuesday	Wednesday	Thursday	Friday
<a href="#">Main</a>	<a href="#">Main</a>	<a href="#">Main</a>	<a href="#">Main</a>	<a href="#">Main</a>
<b>Macaroni Cheese</b> Contains Cereals containing Gluten Contains Milk Contains Mustard Contains Wheat	<b>Chicken Pasta with Tomato &amp; Basil sauce **</b> Contains Cereals containing Gluten May Contains Tree Nuts Contains Milk Contains Wheat	<b>Cheese &amp; Tomato Panini *</b> Contains Cereals containing Gluten Contains Milk Contains Wheat May Contains Barley May Contains Oats	<b>Beef Spaghetti Bolognaise (inc spaghetti) *</b> Contains Cereals containing Gluten Contains Wheat	<b>Fish Fingers*</b> Contains Cereals containing Gluten Contains Fish Contains Wheat
<b>All day breakfast *</b> Contains Cereals containing Gluten Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg Contains Wheat	<b>Cheese &amp; Tomato Pizza (frozen base) 8 *</b> Contains Cereals containing Gluten May Contains Eggs Contains Milk Contains Wheat	<b>Quorn Roast &amp; Gravy*</b> Contains Eggs Contains Milk	<b>Tuna Salad Wrap**</b> Contains Cereals containing Gluten Contains Fish Contains Eggs Contains Wheat	<b>Pasta with Tomato &amp; Basil sauce *</b> Contains Cereals containing Gluten Contains Milk Contains Wheat <a href="#">Sides</a>
<b>Jacket Potato with Tuna Mayonnaise (60)*</b> Contains Fish Contains Eggs <a href="#">Sides</a>	<b>Cheese &amp; tomato pizza brown base 16 *</b> Contains Cereals containing Gluten Contains Milk Contains Wheat	<b>Roast Pork, Gravy &amp; Stuffing (Primary) sliced*</b> Contains Cereals containing Gluten Contains Wheat <a href="#">Sides</a>	<b>Spaghetti Bolognaise Quorn*</b> Contains Cereals containing Gluten Contains Eggs Contains Wheat Contains Barley <a href="#">Sides</a>	<b>Baguette Chunks*</b> Contains Cereals containing Gluten Contains Wheat May Contains Barley May Contains Oats
<b>Bread &amp; Butter *</b> Contains Cereals containing Gluten	<a href="#">Sides</a>	<b>Vegetable Medley*</b>	<a href="#">Sides</a>	<b>Tomato ketchup</b>
		<b>Mashed Potatoes*</b> Contains Milk <a href="#">Dessert</a>	<b>Baguette Chunks*</b> Contains Cereals containing Gluten	<b>Oven chips*</b>
				<b>Peas*</b> <a href="#">Dessert</a>

Contains Wheat	<b>Baguette Chunks*</b>		Contains Wheat	
<b>Baked Beans*</b>	Contains Cereals containing Gluten	<b>Fresh Fruit Salad*</b>	May Contains Barley	<b>Swiss Roll</b>
<b>Peas*</b>	Contains Wheat	<b>Milk*</b>	May Contains Oats	Contains Cereals containing Gluten
<b>Sweetcorn*</b>	May Contains Barley	Contains Milk	<b>Peas*</b>	Contains Eggs
<b>Sweetcorn*</b>	May Contains Oats	<b>Oaty lemon &amp; apricot cookie**</b>	<b>Cherry tomatoes &amp; Carrot sticks</b>	Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg
<b>Dessert</b>	<b>Sweetcorn*</b>	Contains Cereals containing Gluten	<b>Dessert</b>	Contains Wheat
<b>Fresh Fruit Salad*</b>	<b>Mixed Salad*</b>	Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg	<b>Fresh custard*</b>	<b>Fresh Fruit Salad*</b>
<b>Angel Mousse Biscuit Dessert*</b>	<b>Diced potatoes for roasting</b>	Contains Wheat	Contains Milk	
Contains Cereals containing Gluten	<b>Dessert</b>	May Contains Barley	<b>Fresh Fruit Salad*</b>	
May Contains Soybean	<b>Fresh Fruit Salad*</b>	Contains Oats	<b>Homemade Sponge Vanilla *</b>	
Contains Milk	<b>Orange Muffin*</b>		Contains Cereals containing Gluten	
Contains Wheat	Contains Cereals containing Gluten		Contains Eggs	
	Contains Eggs		Contains Wheat	
	Contains Wheat			